



Treasure Valley
Health
care



SAINT ALPHONSUS REGIONAL MEDICAL CENTER

Saint Alphonsus Health System has the region's only Level II Trauma Center, which recognizes our dedication to providing the highest quality, most optimal care for all critically ill and injured patients. This distinction ensures we maintain the highest standards for chest pain, stroke, orthopedic and general surgery and emergency care. It also creates a foundation of medical excellence, innovation and collaboration that makes the overall care all our patients receive – throughout the region - that much better.

CANCER

Saint Alphonsus Cancer Care Center offers access to advanced diagnostic tools like 3D imaging and mobile mammography to help detect cancer at its earliest and most treatable stage. Our integrative approach to healing enhances the quality of life for patients and their families including genetic counseling and education, nutrition counseling, CLIMB child and family support, rehabilitation services, music, art, yoga and exercise therapy. Our team of experts use the latest treatment options such as precision radiation therapies, access to the region's largest number of clinical trials and personal care navigators that guide you every step of the way.

As Idaho's only Brachytherapy Center of Excellence we are reducing radiation treatment from six weeks to five days for partial breast cancer. Learn more about this life-saving care.

CARDIOVASCULAR

Saint Alphonsus Heart Institute is focused on providing high quality heart care when and where you need it most, so you can live a full life. We offer heart specialists with the most advanced training and experience to treat even the most complex heart conditions. We also travel around the region and see patients in 13 different communities, so it's easy to access care and make your heart health a priority. Our expertise combined with state-of-the-art technology, like the region's only Stereotaxis robotic treatment for heart rhythm disorders, ensures all patients have access to comprehensive care options, so they can feel better faster. Find a Saint Alphonsus Heart Institute near you.

EMERGENCY

In an emergency, quick access to care is critical. That is why Saint Alphonsus offers easy access to six emergency departments around the region in Boise, Eagle, two in Nampa, Ontario and Baker City. All Saint Alphonsus emergency departments are staffed by board-certified emergency physicians and nurses, and backed by a team of trauma, chest pain and stroke specialists. With the region's only Level II Trauma Center and Time Sensitive Emergency certified center for Trauma, Stroke and Heart Attack, you can have peace of mind knowing any Saint Alphonsus Emergency Department is right for you. Find a location near you.

SAINT ALPHONSUS REGIONAL MEDICAL CENTER - CONTINUED -

NEUROSCIENCE

Saint Alphonsus is the leading provider of advanced, innovative and interdisciplinary neurological services, and was the region's first Joint Commission Accredited Advanced Primary Stroke Center. Saint Alphonsus neurologists and neurosurgeons have the advanced training and experience to provide care for patients with complex neurologic conditions. Our collaborative team approach includes neurosurgeons, neuroradiologists, vascular surgeons, neurologists, neuropathologists, physiatrists, oncologists and neurooptometrists focused on delivering the best options and outcomes to patients.

With a stroke, time is of the essence. Our team provides remote care and consults to stroke patients, through telemedicine services, at nearly all emergency departments throughout the region. We also excel in utilizing the latest technology to attack strokes such as biplane angiography, MRI/MRA, CT/CTA, CT perfusion, 4-vessel angiography, and interventional stroke and aneurysm procedures. Learn more about the region's most advanced neuroscience program.

ORTHOPEDICS

Whether you are recovering from an injury or need surgery we know the importance of advanced orthopedic care. Whether it's pain in your shoulder, elbows, hips, knees or ankles we have both non-surgical and surgical specialists standing by to make sure you receive the best care as quickly as possible. We've invested in leading, state-of-the-art technology like Makoplasty for knee and hip replacement surgery, STAR ankle replacement and artificial disc replacement for spine injuries so you can recover quicker and feel better faster. Find an orthopedic specialist near you.

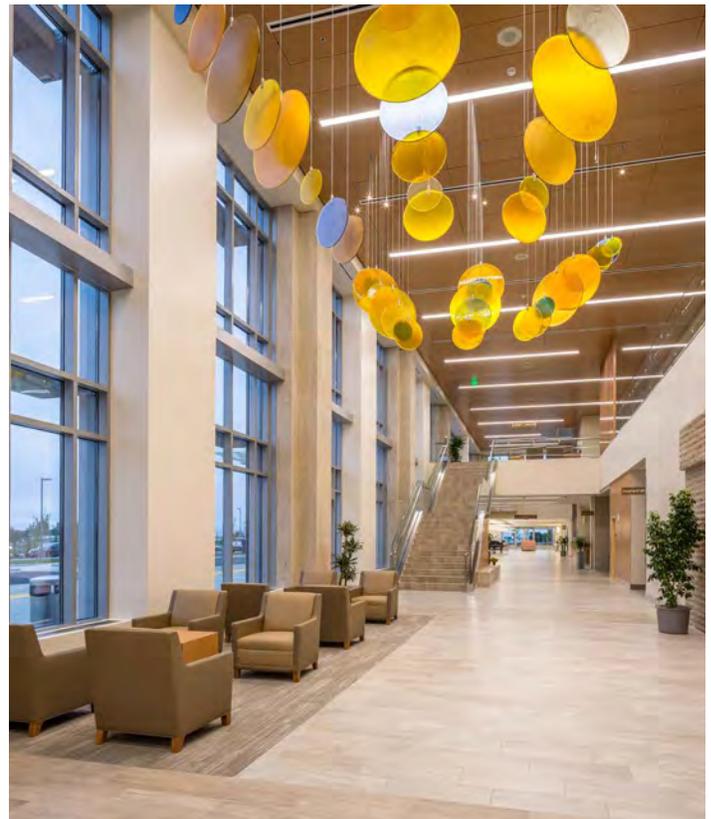
SURGERY

Saint Alphonsus is focused on delivering surgical excellence and has established the region's premiere surgical program. The foundation of surgical expertise is our Level II Trauma Center, which is continuously ready to care for any severe injuries and provide the most advanced care available within 500 miles. Supported by new Cardiovascular operating suites that are continuously ready for cardiac

emergencies and spacious orthopedic and neurosurgical surgical suites outfitted with the latest imaging and technologies, we're ready for any surgery 24/7. We are also the first Health System in the region to introduce the da Vinci Surgical System, a minimally invasive robot assisted surgical platform that allows patients smaller incisions and the ability to recover quicker, with less pain and scarring. All five of our hospitals are staffed with skilled surgeons providing surgical specialties such as bariatrics, pediatrics, orthopedics, breast surgery and reconstruction, cardiothoracic and gastrointestinal surgical care. Learn more about our surgical specialties.

WOMEN'S SERVICES

At Saint Alphonsus we offer specialized care for women of all ages. From personalized maternity care and comprehensive breast care to the region's only women's heart program, our medical experts guide you through every stage of life and are dedicated to being part of your life-long journey. You can count on our team to provide supportive, state-of-the-art care that helps you stay healthy and active every step of the way. Learn more about our specialized women's care.





ST. LUKE'S BOISE MEDICAL CENTER

St. Luke's has cared for the people of the Treasure Valley since our founding in 1902. And as Boise has grown, we've grown, too. But one thing will never change: our commitment to your best health. We're here to help you stay as healthy and strong as possible so you can enjoy our beautiful scenery, exciting recreation, vibrant city, and wonderful quality of life for many years to come.

St. Luke's Boise is Idaho's largest health care provider and the flagship hospital of St. Luke's Health System, providing you access to highly skilled specialists, nurses, and staff within a friendly campus designed for healing. Known for clinical excellence, St. Luke's Boise is nationally recognized for quality and patient safety, and proud to be designated a Magnet hospital, the gold standard for nursing care. Among our many services, we're home to:

- St. Luke's Children's Hospital, the only children's hospital in Idaho
- St. Luke's Heart
- St. Luke's Mountain States Tumor Institute's largest clinic
- St. Luke's Center for Minimally Invasive Surgery

ST. LUKE'S CHILDREN'S

Children have very different healthcare needs than adults. That's why St. Luke's Children's has created a network of medical experts that specialize in caring for kids—from birth all the way to adulthood.

We're home to Idaho's only children's hospital and, our wide range of specialty outpatient clinics—in areas such as pediatric cardiology, neurosurgery, oncology, gastroenterology, and many more—offer your family the greatest depth, breadth, and concentration of children's health resources in Idaho.

We also regularly bring additional visiting specialists to Idaho and host clinics throughout the state to bring you the very best in children's care, close to home.

HEART AND VASCULAR CARE

St. Luke's performs more heart and vascular procedures than any other hospital in Idaho. Our state-of-the-art facilities include echocardiography, cardiac catheterization, vascular diagnostic, and electrophysiology labs; and both St. Luke's Boise and Meridian are home to Idaho's first accredited Chest Pain Centers.

Our physicians, nurses, and staff—experts in cardiovascular

ST. LUKE'S BOISE MEDICAL CENTER - CONTINUED -

disease, interventional cardiology, electrophysiology, and heart health and rehabilitation—are deeply committed to supporting your best quality of life. We'll coordinate all aspects of your heart and vascular health, from diagnosis, intervention, disease management, and rehabilitation to counseling, tobacco treatment, anti-coagulation services, access to research clinical trials, and more.

WOMEN'S SERVICES

Every woman is unique, and so are her healthcare needs. Your needs change with every age and stage of life. So whether you're a young woman just starting out in your career or a recent retiree, a first-time mom or a veteran of raising teenagers, you need to stay healthy and strong for yourself and for those you love. St. Luke's is here to help, every step of the way.

CANCER CARE AT ST. LUKE'S MOUNTAIN STATES TUMOR INSTITUTE (MSTI)

Patients and their families have trusted St. Luke's Mountain States Tumor Institute (MSTI) for advanced, compassionate cancer care for more than 40 years. St. Luke's MSTI is the region's largest provider of cancer care and a leader in cancer research. We're also home to Idaho's only cancer treatment center for children, only federally sponsored center for hemophilia, and only blood and marrow transplant program.

Because cancer touches nearly every aspect of your life, we focus on every aspect of your care. From the multidisciplinary team of expert physicians dedicated to your individual treatment, to the skilled caregivers working to reduce or alleviate symptoms and side effects, to the counselors serving your social and spiritual needs—we'll be with you every step of the way.

INTERNAL MEDICINE

A partnership with an internal medicine provider, a type of primary care provider, helps you live your healthiest life. The experienced medical professionals at St. Luke's can help you navigate any health issues you face, whether it involves routine and preventive health checks, diagnosis

and treatment of an acute medical problem, or ongoing management of a chronic illness.

As internists, we keep the whole patient in mind, rather than merely focusing on a single disease or organ system. We're prepared to handle severe chronic illnesses and situations where many illnesses occur at the same time. Our comprehensive care covers a wide range of conditions such as heart disease and hypertension, kidney disease, gastrointestinal problems, arthritis and other joint problems, allergies, lung problems, infections, nutritional problems, skin disease, diabetes, and more. When your condition requires the attention of additional specialists, we'll coordinate your care.

OBSTETRICS AND GYNECOLOGY

Our team helps women stay healthy at all stages of life. Whether you're expecting a baby, scheduled for surgery, or navigating menopause, our experienced staff and expert providers deliver high quality, compassionate care. We offer annual gynecological wellness exams, care during pregnancy and childbirth, treatment and surgery for problems with the reproductive system, treatment for infertility, bone-density testing, and more.





ST. LUKE'S BOISE MEDICAL CENTER - CONTINUED -

PEDIATRICS

Pediatricians are trained to care for children of all ages, from infancy through adolescence. We provide wellness care, treat illness and injury, and also strive to understand and listen carefully your child's emotional and social development and needs. We're committed to building a relationship with your child and your family and supporting your child's best health over the years.

REHABILITATION

St. Luke's Rehabilitation is proud to continue the tradition of compassionate care established by the Idaho Elks decades ago. Our goal is to help you live your best life, whether you're returning to work or play after an injury, working to maintain independence with a disability, or recovering after an illness.

Our inpatient and outpatient programs serve all ages and cover both orthopedic and neurologic rehabilitation. Whatever your situation and condition, we're dedicated to providing you with a comprehensive plan of care to support your best possible health and quality of life.

ORTHOPEDICS

A condition or injury impacting your bones, muscles, or related tissue can dramatically impact your quality of life.

The team of experts at St. Luke's Orthopedics supports adult and pediatric musculoskeletal health with a wide range of services, from management of conditions such as osteoporosis, scoliosis, and bone fractures, to surgery of all major joints and comprehensive care for recreational and professional athletes.

NEUROLOGY

Neurological conditions often require consistent, long-term care. Our experts offer you the skill and support you need, close to home. Our team specializes in the diagnosis and treatment of conditions such as epilepsy, stroke, multiple sclerosis, Parkinson's, and other neuromuscular diseases and will work in partnership with your primary care provider.

UROLOGY

St. Luke's offers the most advanced and comprehensive urologic care available in the region for adults and children with genitourinary problems. Whatever your condition or concern, we will treat you with compassion in a private and confidential setting. Our urologists are board certified through the American Board of Urology and many are the only physicians in Idaho with fellowship training in specialty areas such as reconstructive urology, male voiding dysfunction, urologic oncology, andrology (men's sexual health), and laparoscopic and endoscopic urology.



Treasure Valley **MEDICAL CENTER DIRECTORY**

BOISE

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St. Luke's Center for Breast Imaging
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St. Luke's Parkcenter Draw Station
701 E. Parkcenter Blvd.
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Boise VA Medical Center
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EAGLE

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EMMETT

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NAMPA

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MERIDIAN

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